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ALTERNATIVES TO BIOLOGICAL PSYCHIATRY:

If we don't medicate, what do we do?

October 28 - 29

Los Angeles
2011

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**A CONFERENCE FOR CLINICIANS,
RESEARCHERS, CONSUMERS,
PARENTS, AND FAMILIES.**

**Do you recognize that
the mental health
system is broken?**

**Are you concerned
about labeling & over-
medicating of mental
health problems?**

 **ISEPP**
International Society for Ethical Psychology & Psychiatry

Topics Include:

- Safe, humane, life-enhancing methods of treating adults, children, families and couples in psychological distress without reliance on psychotropic drugs.
- Consumer-centered interventions that help people move towards full recovery.
- Restoring psychotherapy as a first-line intervention in behavioral health.
- What parents and families can do to help children without reliance on psychotropic drugs.
- Withdrawing from psychotropic drugs: Clinical indications, safety and supervision concerns.
- The impact of the pharmaceutical industry on evidence-based clinical mental health practice.
- 50 years after "The Myth of Mental Illness": Reflections on modern psychiatry.
- Treating children and adults with integrative care.

CONFIRMED SPEAKERS AT ISEPP 2011 LOS ANGELES



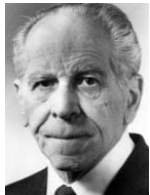
Paula J. Caplan, Ph.D.
Research and Clinical Psychologist, Harvard University. Author, *They Say You're Crazy: How The World's Most Powerful Psychiatrists Decide Who's Normal*. Presenting a plenary

based on her just-published book, "*When Johnny and Jane Come Marching Home: How All of Us Can Help Veterans*."



Nicholas Cummings, Ph.D.
Past President, American Psychological Association; Distinguished Professor of Psychology, University of Nevada-Reno. Presenting

"Restoring Psychotherapy as a First-Line Intervention."



Thomas Szasz, M.D.
Professor Emeritus of Psychiatry, SUNY Health Science Center, Syracuse, NY. Author, *The Myth of Mental Illness, and Pharmacocracy: Medicine and Politics in America*. Presenting "Varieties of

Psychiatric Criticism."



Robert Whitaker
Award-winning investigative journalist and author, *Mad in America and Anatomy of an Epidemic: Magic Bullets, Psychiatric Drugs, and the Astonishing Rise of*

Mental Illness in America. Presenting "Psychiatry's Response to Anatomy of an Epidemic: What the Emperor Says When He Has No Clothes."



David Antonuccio, Ph.D.
ABPP, Professor, Department of Psychiatry, University of Nevada-Reno; internationally known for his work on the comparative efficacy of psychotherapy

and antidepressants, evidence-based assessment of psychiatric medications, and conflicts-of-interest in mental health research.



Scott Shannon, M.D.
President, American Board of Integrative and Holistic Medicine and author, *Please Don't Label My Child and the Handbook of Complementary and Alternative Therapies in*

Mental Health. Presenting "The Ecology of the Child: A New View of Pediatric Mental Health."



David Stein, Ph.D.
Psychologist and Professor, Virginia State University; author, *Stop Medicating, Stop Parenting: Real Solutions for your Problem Teenager and Ritalin is Not the*

Answer: A Drug-Free, Practical Program for Children Diagnosed with ADD or ADHD.



Jacqueline Sparks, Ph.D.
Associate Professor, University of Rhode Island. Psychotherapist and researcher on client-directed, outcome-informed approaches to change, as well as feedback processes in

couples and family therapy; co-author, *Heroic Clients, Heroic Agencies: Partners for Change*.



David Cohen, Ph.D.
Professor of Social Work, Florida International University; prolific author, researcher, and internationally recognized expert on psychiatric drugs; co-author, *Your Drug May*

Be Your Problem. Presenting "The Ethics and Politics of 'Neuroenhancement'".



Joanne Cacciatore, Ph.D.
Assistant Professor, Arizona State University and Founder and CEO of the MISS Foundation, an international non-profit serving parents who have lost a child. Presenting "The Zen of

Death: A Mindfulness-based Traumatic Bereavement Intervention."



Howard Glasser
Founder, Children's Success Foundation; creator, Nurtured Heart Approach, and best-selling author, *Transforming the Difficult Child and All Children Flourishing*.

Presenting "Transforming the Difficult Child."



Ann Rider, MSW
Executive Director, Recovery Empowerment Network, an agency providing peer-owned and operated services to behavioral health consumers. Presenting "Narrative Therapy in

Peer Support: An Alternative Approach"

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ISSUES.

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Claudia M. Gold, M.D.
Behavioral pediatrician and author, *Keeping Your Child in Mind: Overcoming Defiance, Tantrums and Other Everyday Behavior Problems By Seeing the World Through Your Child's Eyes*. Presenting "Over-reliance on Psychiatric Medications for Children: A Pediatrician's View."



Willa J. Casstevens, Ph.D.
Assistant Professor, North Carolina State University. Presenting "Exploring Voices in a Mentored Self-Help Approach to Voice Hearing" (w/ J. Coker and T. Sanders).



Brian Kean, Ph.D.
Lecturer, Southern Cross University and Editor, Ethical Human Psychiatry and Psychology. Presenting "Psychotropic Medication in the Classroom: How Should Teachers and Education Students Be Informed About This Complex Dilemma?"



Virgil Stucker, MBA
Executive Director and President, CoopeRiis Healing Community, Chairman and President, The Foundation for Excellence in Mental Health Care, Inc. Presenting "Restoring Mental Health through Relationship-Centered Care and Philanthropic Action"



Daniel Dorman, M.D.
Psychiatrist and Analyst, UCLA Clinical Assistant Professor, and author, *Dante's Cure: A Journey Out of Madness*.



Phil Sinaikin, M.D.
Board-certified psychiatrist and author, *Psychiatryland*. Presenting "Psychiatryland: Marketing and Manipulation Tactics of the Biopsychiatry - Psychopharmacology Industry."



David Oaks
Executive Director of MindFreedom International, an independent non-profit composed of 100 groups advocating for human rights in mental health; psychiatric survivor and human rights activist; author, *Users' Views on Coercive Treatment*, published in *Coercive Treatment in Psychiatry: Clinical, Legal, and Ethical Aspects*.



Bose Ravenel, M.D.
Board-certified pediatrician and author (w/ J. Rosemond), *The Deseasing of America's Children*. Presenting: "Treating Behavioral Problems Without Drugs: An Integrative Approach to ADD, ODD, and Childhood Bipolar Disorder."



Jeffrey Lacasse, Ph.D.
Assistant Professor, Arizona State University. Presenting (w/David Cohen), "A Practical Method for Reducing the use of Psychotropic Medications in Child Welfare Settings? Results From a Pilot Study."



Jonathan Leo, Ph.D.
Professor of Neuroanatomy, Lincoln Memorial University-DeBusk College of Osteopathic Medicine. Presenting "The Adventures of Dr. Nobody: How I Was Banned from JAMA For Life, with Implications for Evidence-Based Psychiatry."



Mark Foster, D.O.
Board-certified family physician and writer; founder, Clear Minds, a non-profit organization dedicated to education and advocacy for mental health reform. Presenting "Ghosts in the Machine: Lessons from the Front Line of a Mental Health Revolution"



Jay Joseph, Psy.D.
Clinical Psychologist in Private Practice; author, *The Gene Illusion: Genetic Research in Psychiatry and Psychology Under the Microscope*.

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& MORE!**

PSYCHOTHERAPIST PANEL:

EXPERTS DISCUSS HOW THEY WORK, FOLLOWED BY BREAKOUT SESSIONS ON EACH CLINICAL APPROACH!

EARLY PSYCHOSIS INTERVENTION PANEL:

HOW CAN WE BEST HELP THOSE IN CRISIS?

PSYCHIATRIC SURVIVORS PANEL:

CONSUMERS RELAY THEIR EXPERIENCES IN THE MENTAL HEALTH SYSTEM.

EVIDENCE-BASED LITERATURE PANEL:

WHAT CLINICIANS SHOULD KNOW ABOUT THE SCIENTIFIC LITERATURE.

THE BIPOLAR CHILD PANEL:

ANALYZING AN EPIDEMIC.

Additional specialized sessions on psychotherapy, working with adults diagnosed as severely and mentally ill, treatment of disruptive children, cognitive therapy of psychosis, working with aggressive and/or treatment-resistant clients, group therapy, alternatives to the medical model, consumer-directed care, how clients view psychiatric medications, innovative approaches to mental health problems in the educational system, the influence of the pharmaceutical industry, diversifying mental health education, and more!

MOST ATTENDEES FIND THE ANNUAL CONFERENCES THE MOST STIMULATING, USEFUL, INTELLECTUALLY CHALLENGING, AND FRIENDLY MEETINGS THEY EVER ATTEND!

REGISTRATION

Non-members: \$140 for each day (Friday and Saturday), \$280 for both days.

ISEPP members or students receive \$25 discount per day; \$20 discount for attending both days.

Group discounts available, please inquire at the email address below.

Students are eligible for discounts or scholarships, please email Dr. Jeffrey Lacasse at jeffrey.lacasse@asu.edu or call (602) 496-0067 for more information.

Continental breakfast and lunch included for both days.

Welcome dinner, \$50, Friday night- socialize with presenters and attendees!

For questions email Dr. Michael Gilbert at mgilbert@iacaf.org or call (315) 382-0541.



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