

## SUPPORT THE STRUGGLE

Remember that many of those arrested in the past or present are not far from us. Many of them were and are community and labor activists, queer and environmental activists—people who decided to speak out against various forms of oppression and paid the price of freedom for their actions. Anyone of these people could have at one time stood beside us in a demonstration, at a speak-out or even an organizing meeting. At any moment it could be us who finds ourselves in this situation, so it is imperative that we ensure that a strong community of support exists for these people as well as ourselves. The strength of our movement is determined by how much we support our fallen comrades.

## GET INVOLVED

People can participate in the following ways:

- Be a runner/cyclist: We are asking people or groups who are running to collect as many sponsors for the run as possible. Remember the money received is going to help imprisoned comrades and local groups who need help.
- Sponsor a runner/cyclist: This can be done through a flat donation to the runner/cyclist of your choice.
- Sponsor Running Down the Walls: Any amount helps. Contact the Los Angeles Anarchist Black Cross if you wish to simply donate money. Organizations who donate more than \$35 will be added to list of sponsor organizations on the website and all fliers/posters.
- Donate to the Warchest: For the Warchest send funds to the Philadelphia ABC, indicating your desire for those funds to go to the Warchest. Please make checks and money orders to *Tim Fasnacht*. (Philadelphia ABCF P.O. Box 42129 Philadelphia, PA 19101).
- Organize a Running Down the Walls in your location: We wish to expand the solidarity runs in more cities and prisons. We currently have runs planned for: Los Angeles, CA; Arcata, CA; Tucson, AZ; Phoenix, AZ; New York, NY; Marion CMU; Ashland, Oregon; and west Massachusetts.

# RUNNING DOWN THE WALLS 2009



### WHEN:

Saturday, September 12th, 2009 from 10 am- 3 p.m.

### WHERE:

Whittier Narrows Recreation Area, 765 N Santa Anita Ave, South El Monte, CA 91733  
(Thomas Bros. Guide Map #: Page 637, B-6)



### REGISTRATION FEES:

\$12 preregistration; \$15, the day of the run.  
(Make checks out to Tim Fasnacht)

### FOR MORE INFORMATION CONTACT:

Los Angeles Branch Group of the  
Anarchist Black Cross Federation  
PO Box 11223  
Whittier, CA 90603  
la@abcf.net

### Check out the RDTW website:

<http://www.abcf.net/la>



*"We ran down the walls and ran up the sun and we were glad to be doing it."  
-Jaan Laaman, Political Prisoner*

**September 12, 2009  
Whittier Narrows Recreation Area  
El Monte, CA**

**Run / Walk / Jog / Bike  
for  
Political Prisoners &  
Prisoners of War in the US**



**POLITICAL PRISONER:** A person incarcerated for actions carried out in support of legitimate struggles for self-determination or for opposing the illegal policies of the government or its political subdivisions. (Special International Tribunal on the Violation of Human Rights of Political Prisoners and Prisoners of War in the United States Prisons and Jails, December, 1990.)

### **RUNNING DOWN THE WALLS**

On Saturday, September 12th, 2009 at 10 a.m., the Los Angeles Anarchist Black Cross will host a 5k run / walk / bike at Whittier Narrows Regional Park in El Monte, CA. This event is designed to raise much-needed funds for the ABCF Warchest and the Romaine Fitzgerald Homecoming Fund.

### **RAISING FUNDS**

Our goal for this year's run is \$3,000. Funds will be divided between the following:

- **The Warchest Program** was created in November of 1994. Through the program, The ABCF sends monthly financial support to Political Prisoners and Prisoners of War (PP/POWs) who have received insufficient, little, or no financial support during their imprisonment. Funds from the Warchest are distributed through monthly stipends to the political prisoners in need. Prisoners use this money to cover the basic necessities of everyday living. Since its inception, the ABCF has raised over \$56,000 through the Warchest program.

- **Romaine Fitzgerald Homecoming Fund** Currently, there is a parole campaign for political prisoner Romaine 'Chip' Fitzgerald. This fund will assist Chip his legal appeal effort and in re-establishing a life outside of prison. Chip has served forty year in prison and is the longest held political prisoner in the United States. For more information, please check out: [www.freechip.org](http://www.freechip.org)

## **RUNNING DOWN THE WALLS SPONSOR SIGN-UP**

**Runner's Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Runner's Email:** \_\_\_\_\_

**Sponsor #1:** \_\_\_\_\_

**Amount:** \_\_\_\_\_

**Sponsor #2:** \_\_\_\_\_

**Amount:** \_\_\_\_\_

**Sponsor #3:** \_\_\_\_\_

**Amount:** \_\_\_\_\_

**Sponsor #4:** \_\_\_\_\_

**Amount:** \_\_\_\_\_

**Sponsor #5:** \_\_\_\_\_

**Amount:** \_\_\_\_\_

**Sponsor #6:** \_\_\_\_\_

**Amount:** \_\_\_\_\_

**Sponsor #7:** \_\_\_\_\_

**Amount:** \_\_\_\_\_

**Sponsor #8:** \_\_\_\_\_

**Amount:** \_\_\_\_\_

**Total funds raised:** \_\_\_\_\_

Please use a separate sheet of paper for additional sponsors/contributions. The completed forms must reach LA-ABCF, P.O. Box 11223 • Whittier • CA • 90603 by September 9, 2009. Remember to make checks out to Tim Fasnacht.