

FOR IMMEDIATE RELEASE

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Contact: Anaïs Dervaes
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On May 24, Path to Freedom – Urban Homestead will host a vegetarian potluck followed by a screening of the documentary *The American Southwest: Are We Running Dry?*

This event will be held 5:30-9:00 PM at 626 Cypress Ave. in Pasadena. Cost is \$10. Space is limited so reservations are necessary. To reserve, please call (626) 844-4586 or register online at www.pathtofreedom.com/form/eventregistration.htm.

About the Film:

Featuring narration from Emmy® Award-winning actress Jane Seymour, *The American Southwest: Are We Running Dry?* (2008, 81 minutes) is a definitive look at how the water crisis affects the American Southwest states and its escalating economic toll.

From the White House to the House of Representatives, Jim Thebaut (producer/director) interviews key thought leaders for an intelligent and informed discussion about the evolving water crisis. Thebaut filmed at diverse locations including the Navajo and Hopi reservations, on Capitol Hill and in Las Vegas for an absorbing and contemplative discussion about conservation, water reuse, desalination, unprecedented population growth and future water policies.

Interviews with key members of Congress include Sens. Jon Kyl (Ariz.), Ken Salazar (Colo.), and Pete Domenici and Jeff Bingaman (N.M.), and U.S. Reps. Mary Bono (Palm Springs) and Jim Costa (Fresno). An interview with Dr. Gene Whitney, science advisor to former President Bush, also is featured in this impartial and balanced documentary.

About the Potluck:

For the vegetarian potluck, attendees are encouraged to contribute food produced within a 100-mile radius of their homes (Santa Barbara to San Diego). If that's not possible, then strive to purchase organic foods grown within the closest distance.

About Path to Freedom:

Sponsoring organization Path to Freedom is a family-operated, viable urban homestead project established by Jules Dervaes in 2001 to promote a simpler and more fulfilling lifestyle and to sow a "homegrown revolution" against the corporate powers that control the food supply.

Since the mid-1980s, members of the Dervaes family have steadily worked at transforming their ordinary city lot in Pasadena into a thriving organic micro farm that supplies them with food all year round. The family also runs a successful home business providing their surplus produce to local restaurants. Through their adventures in growing and preserving their own food, installing a solar power system, home-brewing biodiesel for fuel, raising backyard farm animals, and learning back-to-basics skills, these modern-day pioneers have revived the old-fashioned spirit of self-reliance and resourcefulness. Since 2001, their website, www.PathtoFreedom.com, has inspired hundreds of thousands to take steps towards a sustainable future and has generated a 21st century urban homestead movement.

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