

FOR IMMEDIATE RELEASE
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**Path to Freedom Presents a Screening of
*Human Footprint***

On January 25, Path to Freedom – Urban Homestead will host a vegetarian potluck followed by a screening of the documentary *Human Footprint*.

This event will be held 5-9 PM at 626 Cypress Ave. in Pasadena. Cost is \$10. Space is limited so reservations are necessary. To reserve, please call (626) 844-4586 or register online at www.pathtofreedom.com/form/eventregistration.htm.

About the Film:

With the aid of eye-opening visuals, this National Geographic special illustrates the true nature of the “footprints” human beings leave behind on the planet. By tracing the arc of an average person’s life — a time period that spans about 2.5 billion seconds — the program reveals how much energy a person consumes, how much waste he or she produces and even how many people they will have met by the time they die.

Human Footprint (90 min, 2008), hosted by Elizabeth Vargas, reveals the extraordinary impact that each of our lives has on the world around us. In a playful, surprising and thought-provoking portrait of our time on earth, National Geographic demonstrates, in a series of remarkable visuals, what makes up an average human life today and how everything we do has impact on the world around us. In this unique journey through life, it shows all the people you will ever know, how much waste you will produce and the amount of fuel you’ll consume during your 2,475,526,000 seconds on Earth.

About the Potluck:

For the vegetarian potluck, attendees are encouraged to contribute food produced within a 100-mile radius of their homes (Santa Barbara to San Diego). If that’s not possible, then strive to purchase organic foods grown within the closest distance.

About Path to Freedom:

Sponsoring organization Path to Freedom is a family-operated, viable urban homestead project established by Jules Dervaes in 2001 to promote a simpler and more fulfilling lifestyle and to sow a “homegrown revolution” against the corporate powers that control the food supply.

Since the mid-1980s, members of the Dervaes family have steadily worked at transforming their ordinary city lot in Pasadena into a thriving organic micro farm that supplies them with food all year round. The family also runs a successful home business providing their surplus produce to local restaurants. Through their adventures in growing and preserving their own food, installing a solar power system, home-brewing biodiesel for fuel, raising backyard farm animals, and learning back-to-basics skills, these modern-day pioneers have revived the old-fashioned spirit of self-reliance and resourcefulness. Since 2001, their website, www.PathtoFreedom.com, has inspired hundreds of thousands to take steps towards a sustainable future and has generated a 21st century urban homestead movement.

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